Special Rules for the 2019 World Cup in Orienteering

The World Cup in 2019 will consist of 9 competitions. The programme includes the World Orienteering Championships in Norway, rounds in Finland and Switzerland, and the World Cup Final races in China.

The full programme is:

Competition	Date	Competition Format	Event	Country
1	8 June	Middle	WCup Rd 1	Finland
2	9 June	Long, chase start	WCup Rd 1	Finland
3	14 August	Long	WOC	Norway
4	16 August (qualification 13 August)	Middle	WOC	Norway
5	27 September	Middle	WCup Rd 3	Switzerland
6	28 September	Knockout Sprint	WCup Rd 3	Switzerland
7	29 September	Sprint	WCup Rd 3	Switzerland
8	26 October (preliminary)	Middle	WCup final	China
9	29 October (preliminary)	Sprint	WCup final	China

The **Competition Rules for IOF Foot Orienteering Events** (valid from 1st January 2019, as published on the IOF website www.orienteering.org) apply to all competitions.

In all competitions except 3 and 4, competition rule 9.10 does not apply: replacement of runners will not be possible after 12 noon on the day before the competition.

In case of a tie for the final qualification place in any of the competitions (except competition 6), all tied runners qualify, thus increasing the number of competitors in the relevant Final. Where necessary, lots are drawn to resolve ties for the purpose of deciding starting order. If the starting order is based on ranking or World Cup points and some competitors have no points, those competitors are ordered randomly and start before those with points.

In all competitions except 3 and 4, competition rule 12.7 (separating runners from the same Federation) does **not** apply.

References to IOF World Rankings at a particular date mean the rankings as at 2100 local time on that day.

Competitions 1 and 2 (Finland)

Competition 1 (8th June): Middle distance competition. Start interval 90 seconds for all competitors. The start order is determined strictly by the order of the World Ranking as of 25 September (highest ranked start last).

Competition 2 (9th June): Long distance, chase start. Start times will be determined by times in competition 1, with the following bonus seconds deducted according to placings in competition 1: 120-90-60-45-30-25-20-15-10-5 for places 1-2-3-4-5-6-7-8-9-10. Published times for the event will be the sum of the times from competitions 1 and 2, minus any applicable bonus seconds. Placings will be determined by order across the finishing line for those who start in the true chasing start. Any runners more than 20 minutes behind the winner in competition 1 will start from 20 minutes after the first start at 15-second intervals, in order of placings in competition 1; all such competitors will be ranked after those who started in the normal chasing start, and in order of their total time for competitions 1 and 2. Competitors who are not placed, or do not start, in competition 1 may start in competition 2 after all other runners, but are not eligible for an official result.

Competitions 3 and 4; World Orienteering Championships (Norway)

WOC rules apply.

Competitions 5, 6 and 7 (Switzerland)

Competition 5 (27th Sep): Middle distance competition. Start interval 2 minutes for all competitors. The start order is determined strictly by the order of the World Ranking as of 25 September (highest ranked start last).

Competition 6 (28th **Sep):** Knockout sprint competition conducted according to rule 12.26 and the Knock-Out Sprint format description document. The start order in each heat is determined strictly by the order of the Sprint World Ranking as of 26 September (highest ranked start last).

Competition 7 (29th **Sep):** Sprint competition. There will be an A race and a B race. The A race will have a quota of 40 runners, to be filled as follows: (a) the 6 fastest (plus ties) from each of the three qualification races in competition 6 (b) any remaining runners in the top 10 of the Sprint World Ranking as of 26 September (c) remaining places to be filled in order of the World Cup standings after competition 6. All remaining runners will take part in the B race. Start intervals 1 minute for all competitors in both the A and B race. The start order in both the A and B race is determined strictly by the order of the Sprint World Ranking as of 26 September (highest ranked start last).

Competitions 8 and 9; World Cup Final (China)

Competition 8 (preliminarily 26th Oct): Middle distance competition. Start interval 2 minutes for all runners. The start order is determined strictly by the order of the World Ranking as of 25 October (highest ranked start last).

Competition 9 (preliminarily 27th Oct): Sprint competition. Start interval 1 minute for all runners. The start order is determined by the order of the World Cup standings after round 8 (highest ranked start last), with any runners who are tied being drawn in random order. Any runners with no World Cup points will start in randomly-drawn order before all those runners with World Cup points.

World Cup standings are defined as

After competitions 1 to 4 the sum of all scores.

After competitions 5 to 7 the sum of the best n-1 scores (where n is the number of competitions so far).

After competition 8 the sum of the best 6 scores out of the first 7 competitions plus the score from competition 8.

After competition 9 the sum of the best 6 scores out of the first 7 competitions plus the scores from competitions 8 and 9.

In the event of two or more competitors having the same number of points after competition 9, they shall be ranked in order of their placing in competition 9. Any competitors who are still equal shall be ranked in order of their highest placing during the season, and, if still equal, the number of occasions on which they achieved that placing.

In the event of any of competitions 1-7 being cancelled or voided for any reason, the number of scores to count will be reduced by one.

National quotas for competitions 1, 2, 5, 6, 7, 8 and 9

The national quotas for competitions 1, 2, 5, 6, 7, 8 and 9 are based on the total points of the leading 10 athletes from each Federation in the IOF World Federation League tables (combined Sprint/Middle/Long) as published on $1^{\rm st}$ January 2019. Separate quotas will apply for men and women.

The allocations for competitions 1, 2, 5, 6, 7, 8 and 9 will be:

- The top 6 nations get 8 places.
- All other nations get 6 places.

A Federation may enter any runner irrespective of his/her position in the IOF World Rankings lists.

Notwithstanding the above, where a World Cup competition is held outside Europe, all nations in the host region get 10 places. In 2019, all nations in the Asian region get 10 places in competitions 8 and 9.

All reigning individual World Champions, provided they are selected by their Federations, shall be offered a wild card place in competitions 1, 2, 5, 6, 7, 8 and 9. These wild card places shall be additional to the national quotas.

Scoring System

For competitions 1 to 5 and competitions 7 to 9, 100 points are awarded to the winner, 80 points to 2nd place, 60 points to third place and so on as shown below:

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1st place 100 points

2nd place 80 points

3rd place 60 points

4th place 50 points

5th place 45 points

6th place 40 points

7th place 37 points

8th place 35 points

9th place 33 points

10th place 31 points

11th place 30 points

12th place 29 points
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40th place 1 point

In the case of a tie, the tied runners each receive the same points as if they had each been placed in the highest of the tied positions. Runners who are not placed receive no points. In competition 7, points are not allocated in the B race.

In competition 6, the scoring system is as follows:

Final: as for places 1-6 above.

Semi-finals: 3rd place 35 points, 4th place 30 points, 5th place 27 points, 6th place 24 points.

Quarter-finals: 4th place 20 points, 5th place 14 points, 6th place 8 points.

Qualification race: 13th place in each heat 4 points, 14th place 1 point.

Runners who are not placed in any knockout round receive the points for last place in that round.

Prizes

IOF prizes will only be awarded in the overall World Cup while organisers will provide prizes in the single World Cup events. World Cup prizes will no longer be awarded at the World Championships. Below is a summary of the prizes for both men and women for the single events and the World Cup overall:

Single World Cup Events

1st place: prizes by organiser 2nd place: prizes by organiser 3rd place: prizes by organiser

World Cup Overall Individual categories

1st place: medal, trophy cup, diploma by the IOF

2nd place: medal, diploma by the IOF 3rd place: medal, diploma by the IOF

4th place: diploma by the IOF 5th place: diploma by the IOF 6th place: diploma by the IOF

Prize money

The organisers of the seven individual World Cup competitions other than the three WOC competitions plus the IOF contribute 1500€ each making a total prize money "pot" of 12.000€. This is divided amongst the overall World Cup leaders as follows:

Place	Men	Women
1 st	2500€	2500€
2 nd	1500€	1500€
3 rd	1000€	1000€
4 th	500€	500€
5 th	300€	300€
6 th	200€	200€

Additionally, prize money may also be awarded at each of the World Cup competitions at the discretion of the organising Federation. See the respective organisers' bulletins and websites for such information.